

### ~~~Aquatics Division ~~~

#### JAMIS ISHANID POOL

#### SWIM ILESSONS SCHIEDUILE

#### SUMMIER 2013

#### City of Charleston Learn-To-Swim Lessons

#### DATES:

Session	Registration	Class
Ι	May 18	June 10-21
	Starts @ 9am	
II	May 18	June 24-July 5
	Starts @ 9am	
III	June 22	July 15-25
	Starts @ 9am	
IV	June 22	July 29-
	Starts @ 9am	Aug 8



All Learn-To-Swim classes are held Monday thru
Thursday with Fridays and Saturday mornings
reserved for make up lessons due to inclement
weather or afternoon swim meets.

#### CLASS TIMES:

Class	Start Times	Max
		#
Water Babies	10:00am &	6
	6:00pm	
Aqua tots	9 or 9:30am	6
	6:00 or 6:30pm	
Fun Strokes I	9 or 9:30am	6
	6:30 or 7:00pm	
Fun Strokes	9:00am &	8
II	6:00pm	
Stroke	9:45am &	8
Masters	6:45pm	

PARENTS: Please sit on the bleachers while waiting for your child. Thank You!

(843)795-5678

PRICES:

Water Babies: \$15 \$25 non-city Youth: \$20 \$30 non-city

<u>Water Babies</u>: Ages 6 months-3 yrs. Parent participation in the water is mandatory. Use of swim diaper is required for all water babies.

Aqua Tots: Ages 4-5 yrs. Focus on water exploration and primary skill development.

<u>Fun Strokes I:</u> Ages 6 yrs. and up. Learn elementary skills and beginner strokes.

<u>Fun Strokes II:</u> based on ability Swim combined strokes and move into deep water. Freestyle and Backstroke.

<u>Stroke Masters</u>: based on ability Designed for advanced swimmers.

#### Recreational and Lap Swimming

**Daily Rates** 

Youth: \$1.50 non-city \$3 Adult: \$2.00 non-city \$4

Seasonal Passes (May1-Aug.31)

Youth/Sr: \$25 non-city \$50 Adult: \$40 non-city \$80 Family: \$62.50 non-city \$87.50

#### Water Fitness/Aerobics

Water is an ideal medium in which participants can perform exercises because it promotes buoyancy and provides resistance with minimum impact on the legs and joints.

Non swimmers are welcome as the class can be done in waist to chest deep water!

Adult: \$3 non-city \$4

Sr. /Pass

Holder: \$2 non-city \$3



# James Island

## Stingrays

James Island Swim Team (JIST) registration starts April 1<sup>st</sup>

Tentative start date is Monday May 6<sup>th</sup>

Swimmers must be able to swim length of pool without stopping.

Meets are on every Tue & Thu evenings. Swimmers usually need to be at the meet pool by 5:45pm.

Cost:

\$60 city resident \$75 non-city (2<sup>nd</sup> child \$50 for either)

Cost includes t-shirt and swim cap. Team suits may be purchased but are not required.

This is a parent supported team and family volunteers are always welcome!!!



# ~~~Aquatics Division ~~~ James Island Pool Summer 2013

Open - May 25th 12-4pm June 10th – August 10th

#### DAILY POOL SCHEDULE General Hours: 7am- 9pm Mon-Fri 12-4pm - Sat

7:00-9am	JIST PRACTICE	M-F
9-10:30ar	n SWIM LESSONS	M-TH
10:30-1pn	n SPECIAL GROUPS	M-F
1-4pm	CHILDREN REC. SWIM	M-F
4-6pm	JIST PRACTICE	M-F
6-7:30pm	SWIM LESSONS	M-TH
7:30-9pm	FAMILY SWIM	M-F
7:30-9pm	Two Lap Lanes Available	M-F

12-4pm LAP SWIM SAT 1-4pm OPEN REC. SWIM SAT

POOL CLOSED ON SUNDAYS

Schedule and programs are subject to changes please see <a href="www.charleston-sc.gov/recreation">www.charleston-sc.gov/recreation</a> for updates.